Intro to Behavioral Neuroscience (B) Lecture 1: Introduction to Course

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https://youtu.be/Q6aU6cxMiiA

Lecture video at above link.

Contact Me

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My Offices (please tell me before you come): -Medical Campus -- E Building 109 (1st floor) -Medical Campus -- C Building 406 (4th floor)

This course is ONLINE fall 2020 (due to COVID-19) \rightarrow So, email me.

Meet your Professor

- \rightarrow USAian, raised in Europe
- \rightarrow Education Background:

Computer Science (Robotics, Artificial Intelligence) Cognitive Science (Developmental, Linguistic) Neuroscience (especially computational)

 \rightarrow Education etc.

Ph.D., predocs: Indiana University, Tufts University Postdoc: National Institute for Physiological Sciences Now: Asst. Professor @ Kyoto University

2018 US Open



Ultimate Frisbee "Osaka Spirits"



<u>Hobbies</u> Ultimate Frisbee Cycling Skiing Reading...

Me, sister, mom @ Patagonia

What is: Behavioral Neuroscience B?

Behavioral Neuroscience A covered:

- Cells in the nervous system
- Methods for investigating the nervous system
- Neuroscience of perception (sight, sound)
- Neuroscience of motor control (movement)

What is: Behavioral Neuroscience B?

Behavioral Neuroscience A covered:

- Cells in the nervous system
- Methods for investigating the nervous system
- Neuroscience of perception (sight, sound)
- Neuroscience of motor control (movement)

What is missing?

Neuroscience A ↔ Neuroscience B

Behavioral Neuroscience A covered:

- Cells in the nervous system
- Methods for investigating the nervous system
- Neuroscience of perception (sight, sound)
- Neuroscience of motor control (movement)

What is missing? <u>Higher Cognitive Functions</u>

Neuroscience B

In this couse, we focus on *cognition*:

- \rightarrow Motivation
- → Learning
- → Emotion
- → Language
- \rightarrow Navigation

Neuroscience B

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I will post the slides and videos from Neuroscience A.

Neuroscience A

I will upload the Neuro A lecture slides on PANDA under RESOURCES.

Minimum Recommended Lectures to Watch:

- 2: Anatomy
- 3: Brain Cells
- 4: Nerve Transduction
- 5: Neurotransmitters

Course Schedule

Unit	Date	Content
1	2020/10/02	Introduction to higher brain functions
2	2020/10/09	Motivation
3	2020/10/16	Learning
4	2020/10/23	Memory
5	2020/10/30	Spatial memory and navigation
6	2020/11/06	Executive functions and planning LIVE SESSION
7	2020/11/13	Emotions
8	2020/11/27	Reproductive behavior
9	2020/12/04	Communication and language
10	2020/12/11	Human language and language disorders LIVE SESSION
11	2020/12/18	Social interaction
12	2020/12/25	Evolution and development of behavior
13	2021/01/08	Neurological and psychiatric disorders LIVE SESSION
14	2021/01/22	Feedback (personal)
15	2021/01/29	Feedback (optional LIVE SESSION)

Grading

(a) 40% : 10 short tests on PANDA (not every lecture has a quiz!)
→ due 2 weeks after lecture

(b) 30% : Live Zoom Session (Attendance and Preparation)

 \rightarrow You will be called on 1 time during semester to give your answer

(c) 30% : Final Project (1-2 pages on a Neuro B topic)
→ due 22 Jan 2021

Schedule

Lectures

I will upload lecture slides (like this one) with a link to a youtube video of the lecture. Watch the lecture and complete the lecture quiz (if there is one) by 2 weeks after the date the lecture is initially uploaded.

Live Sessions

At the class time (16:30 PM Friday) we will have 3 live sessions (11/06, 12/11, 01/08). I will upload questions to think about – you should prepare responses.

Example: The case of Phineas Gage



1848: Phineas P. Gage25 years old railway constructionforeman in Vermontexperiences an accident

A tamping iron used to pack charges (~1.1m long, 7kg) blew straight through his skull, landing 30m behind him.

He was brought to his hotel, awaiting Dr. Williams saying on his arrival: "Doctor, here is business enough for you."

He was later treated by a Dr. Harlow

Malcolm Macmillan In Classic cases in neuropsychology, 1996

Damage to Brain





Skull bone and 3D reconstruction



Phineas Gage Information Page by Malcolm Macmillan

https://www.uakron.edu/gage/

Change in Behavior after Brain Damage



Dr. Harlow:

Before the accident

"temperate habits, ...considerable energy of character."

"...well-balanced mind...very energetic and persistent in executing all his plans of operation."

~after about three weeks: "more wakeful...calls for his pants...appears demented..."

~after about four weeks: "intellectual faculties brightening" but "does not estimate size or money accurately", "exceedingly capricious and childish"

Malcolm Macmillan In Classic cases in neuropsychology, 1996

Phineas Gage: Epilogue



Never became foreman again.

was employed from 1851 caring for horses, driving a stage coach (USA, 7 years in Chile).

died in 1860 (epilepsy?, age 37)

The American Phrenological Journal, 1851: "gross, profane, coarse, and vulgar...", wanting in "respect and kindness"

Malcolm Macmillan In Classic cases in neuropsychology, 1996

Brain Damage changes Behavior!

This may not seem surprising to you now, but it means that "privileged" topics such as:

- \rightarrow Personality
- \rightarrow Decisions
- → Self-control

Are <u>**not</u>** the domain of some abstract, ideal "spirit" or "consciousness" – <u>**Your mind is not transcendental**</u></u>

Rather, everything is at the mercy of our physical body.

Three Humiliations for Humankind



1) Galileo Galilei Our planet is not the center of the universe.



2) Charles Darwin We as humans are part of the animal kingdom.



3) Sigmund FreudWe are not masters in our own house (mind).

Human-caused behavior changes: Psychosurgery in Schizophrenia

Severe psychiatric disease affects ~ 1% of the general population

Positive Symptoms: hallucinations, delusions

Negative Symptoms: flat affect, lack of pleasure, initiative, communication

Disorganized speech/behavior

Catatonic behavior (maintaining a bizarre posture for a long time)

Treatment before 1930s was rather cruel: restraint, long baths, insulin coma.



Strait jacket, chains, covered bath tub (www.nobelprize.org)

Psychosurgery: Lobotomy

Developed prefrontal leucotomy in 1936 as a treatment for schizophrenia



Egas Moniz, 1874-1955 Nobel prize 1949

It was based on studies on chimpanzees that became less aggressive after frontal lobe surgery (Jacobson, Wolfe, Jackson, 1935).

J. B. WOLFE, PH.D., and T. A. JACKSON, PH.D.

OF NEW HAVEN, CONN.

Psychosurgery: Lobotomy



Areas operated on:



(www.nobelprize.org)

Psychosurgery: Lobotomy



Frontal lobe psychosurgery was also used for affective disorders (depression), obsessivecompulsive disorders, etc.

England & Wales, 1942-1954: ~11,000 cases

United States, -1949: ~10,000 cases

(www.nobelprize.org)

Dr. Walter Freeman performing lobotomy (with "ice pick")

Side Effects of Lobotomy

Mother of a Swedish patient after surgery:

"She is my daughter but yet a different person. She is with me in body but her soul is in some way lost."

Hoffman, 1949:

"...these patients are not only no longer distressed by their mental conflicts but also seem to have little capacity for any emotional experiences pleasurable or otherwise. They are described by the nurses and the doctors, over and over, as dull, apathetic, listless, without drive or initiative, flat, lethargic, placid and unconcerned, childlike, docile, needing pushing, passive, lacking in spontaneity, without aim or purpose, preoccupied and dependent."

What can this tell us about how the brain works?

Lobotomy Areas removed:



Much more "accurate" damage to specific part of brain than Phineas Gage

Actually this type of "lesion study" (often in animal models) is often *still* used to study the brain.



Major effects of brain lesions

Lesions -> Deficits

M1, Premotor area (PMA) -> loss of fine movement, strength, poor movement programming

Prefrontal cortex -> Loss of divergent thinking Poor control of behavior Poor temporal memory Changes in social / sexual behavior



Frontal Lobe Functions: Divergent Thinking

Convergent thinking concerns solving problems that require one answer (facts, arithmetic problems, etc.), divergent thinking is about generating multiple, original solutions.

Divergent thinking: For example, what are possible uses for a coat hanger?

For example, Thurstone Word fluency test: In 5 minutes, write as many words as possible starting with **S** In 4 minutes, write as many 4-letter words as possible starting with **C**

Frontal Lobe Functions: Poor Control of Behavior

For example: Risk taking and Rule breaking



Iowa Gambling test: Players start with 2000\$ and should get maximum amount

Four decks (A, B, C, D) of 40 Cards: 20 black, 20 red Rewards are different depending on the deck, i.e. there are good and bad decks.

Players can freely choose the deck to draw a card from.

Patients with orbito-frontal lesions show deficits in the Iowa Gambling test (Bechara et al., 2003)

Summary: Brain Damage causes Behavior Changes

Lesions -> Deficits

M1, Premotor area -> loss of fine movement, strength, poor movement programming

Prefrontal cortex -> Loss of divergent thinking Poor control of behavior Poor temporal memory Changes in social / sexual behavior



Orbitofrontal cortex

Bear, Neuroscience Copyright ©2016 Wolters Kluwer-all rights reserved

Medical Psychology (Fridays 1300-1430)

Topics in Medical Psychology

Psychological Tests and Psychophysiology, Intelligence and Learning, Personality, Sleep, <u>Emotions</u>, Stress, Anxieties, Chronic pain, Depression, Addiction, <u>Behavioral therapies</u>, Neurofeedback

 \rightarrow Some overlap with this course

But: Medical psychology looks into what psychological knowledge can do for health.

Behavioral Neuroscience looks into the neural mechanisms of behavior.

Literature (not required)

Bear, Connors, Paradiso Neuroscience – Exploring the Brain







Liturature (not required)

Kandel, Schwartz, Jessell, Siegelbaum, Hudspeth Principles of Neural Science – 5th edition (2012)





Very detailed!

Further Reading

Kolb, Wishaw, Fundamentals of Neuropsychology, 7th edition, 2005

