

Introductory Statistics

11: Comparison of Two Means: “t-test”

Richard Veale

Graduate School of Medicine
Kyoto University

<https://youtu.be/6nRLTSiRBYI>

Lecture Video at above link

Summary

1) Reminder: Metric Data vs. Categorical Data

2) What is the “t-distribution”?

3) How to test difference of means of metric data: Student’s t-test

- a) Independent data (“Lumped” t-test)
- b) Dependent data (“Paired” t-test)

4) Non-parametric tests

Wilcoxon Signed-Rank Test, Mann-Whitney U-Test...

Metric versus Categorical Data

Categorical data:

χ^2 -test, Fisher's exact test
Odds/risk ratios
z-test for proportions

Smoke?
Yes, No

Got CHD?
Yes, No

Color?
Blue, Green, Red

Metric (numerical) data:

Birth weight, height, air plane speed, etc.

e.g., 3201g 4300g 2900g 3430g ...

Weight:
1906.3 g, 1906.4 g,
1906.354838 g

Height:
182.3 cm, 164.27 cm,
155.5 cm, ...

Test?

Metric versus Categorical Data

Categorical data:

χ^2 -test, Fisher's exact test
Odds/risk ratios
z-test for proportions

Smoke?
Yes, No

-No natural order
-Finite number of values for each variable ("categories")

Blue, Green, Red

Metric (numerical) data:

Birth weight, height, air plane speed

e.g., 3201g 4300g 2900g 3

Weight:
1906.3 g, 1906.4 g,

-Ordered!
-Infinite number of values for each variable

155.5 cm, ...

Test?

Recall Central Limit Theorem (CLT)

Population distribution

μ : population mean

σ : population standard deviation

Sampling distribution

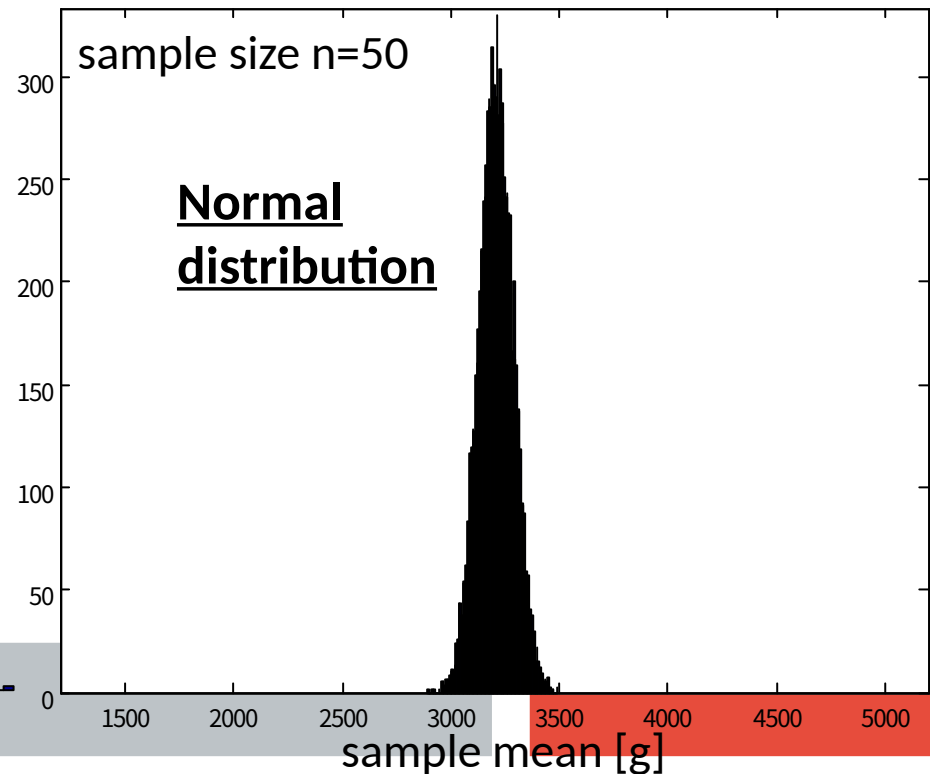
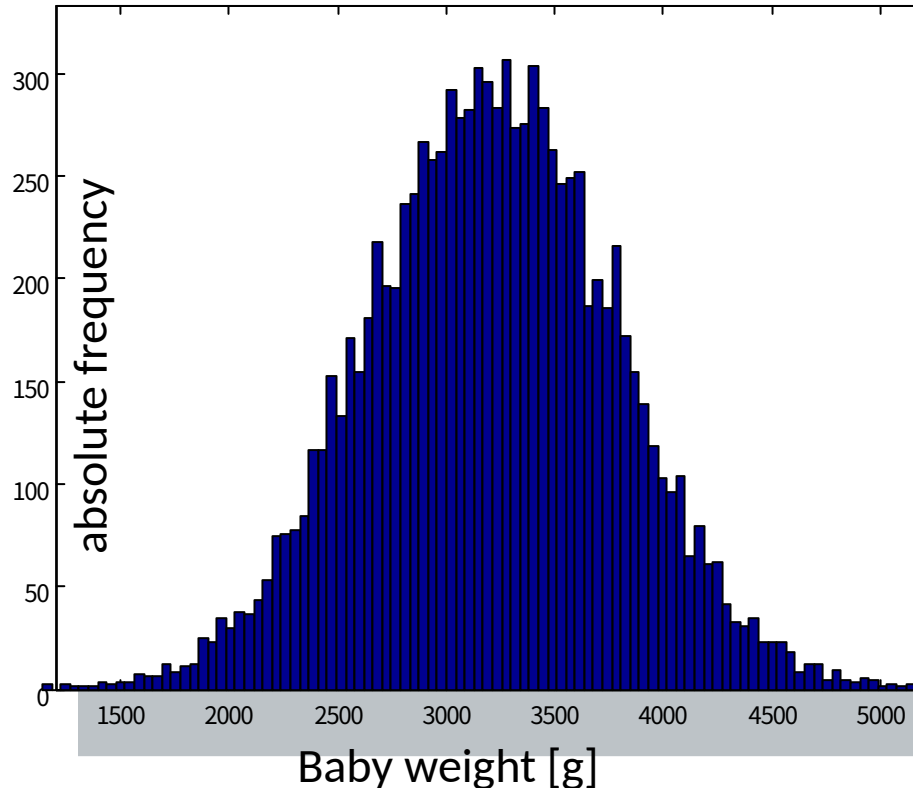
\bar{X} : sample mean

$$s_x : s / \sqrt{n}$$

S_x : standard error of mean (SEM)

S : sample standard deviation

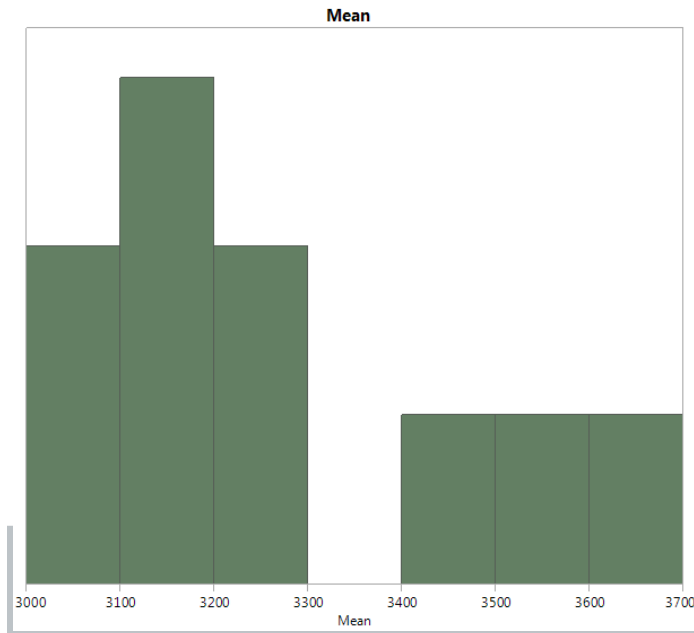
n : sample size



Requirement

But remember, the sample size should be large enough ($n > 30$) or we should know the population variance σ^2 (otherwise we have to estimate it with s^2 , the sample variance).

So, what do we do, if we don't know σ^2 (which is rare anyway) and we have a small sample size?



Example: distribution of birth weights in a small sample.

Help! t-distribution

Enter “Student” from the Guinness brewery:
 (“A student of statistics”)



William Sealy Gosset
(1876-1937)



t-distribution

If x is a random variable that is normally distributed with mean μ and variance σ^2 , then, if we take a sample of x ,

$$t = \frac{\bar{x} - \mu}{s / \sqrt{n}}$$

t will be drawn from a t-distribution with $n-1$ degrees of freedom.

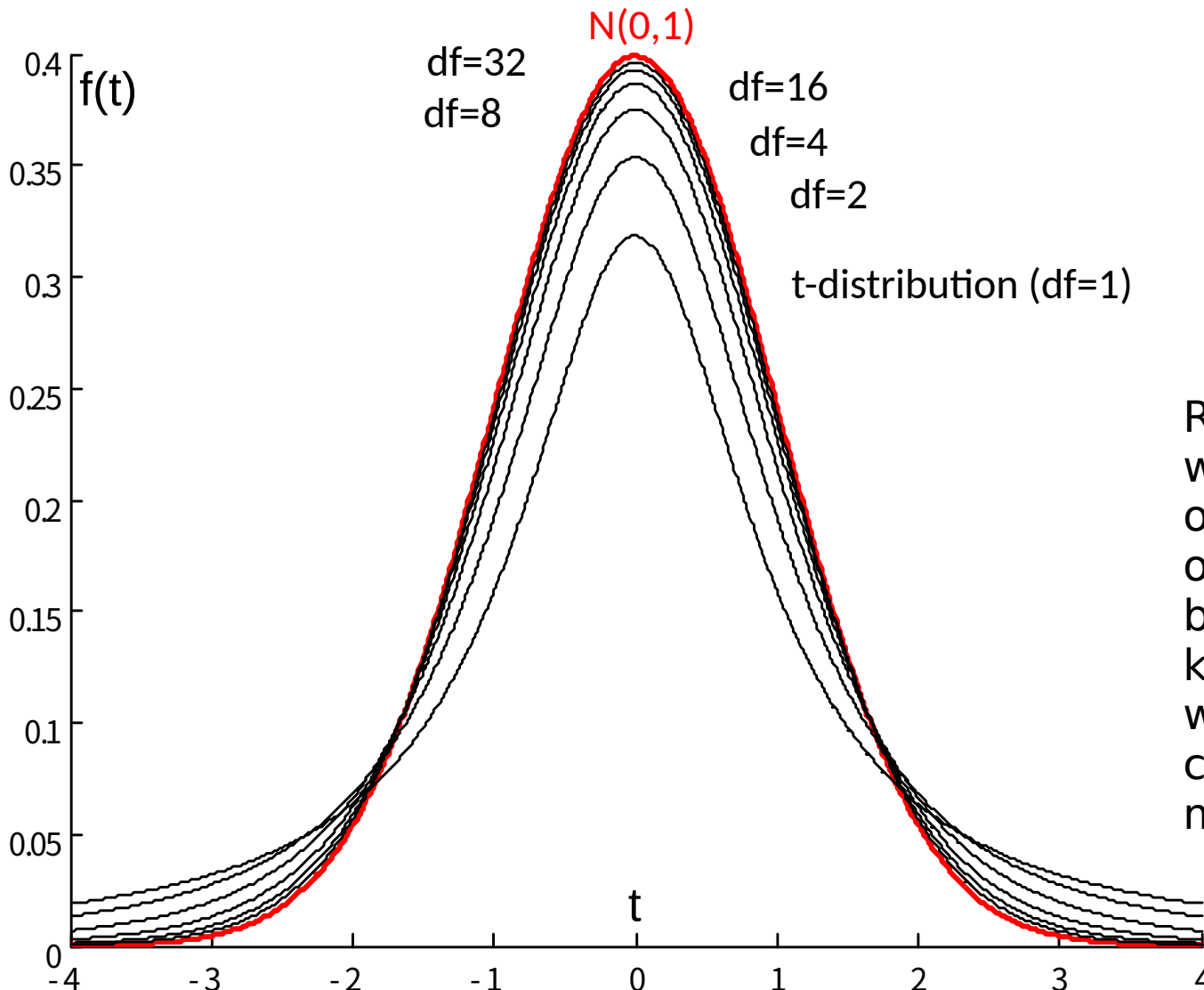
\bar{x} : sample mean (of our sample of x)

μ : population mean (x 's true mean)

s : sample standard deviation

n : sample size

t-distribution for various df



$$t = \frac{\bar{x} - \mu}{s/\sqrt{n}}$$

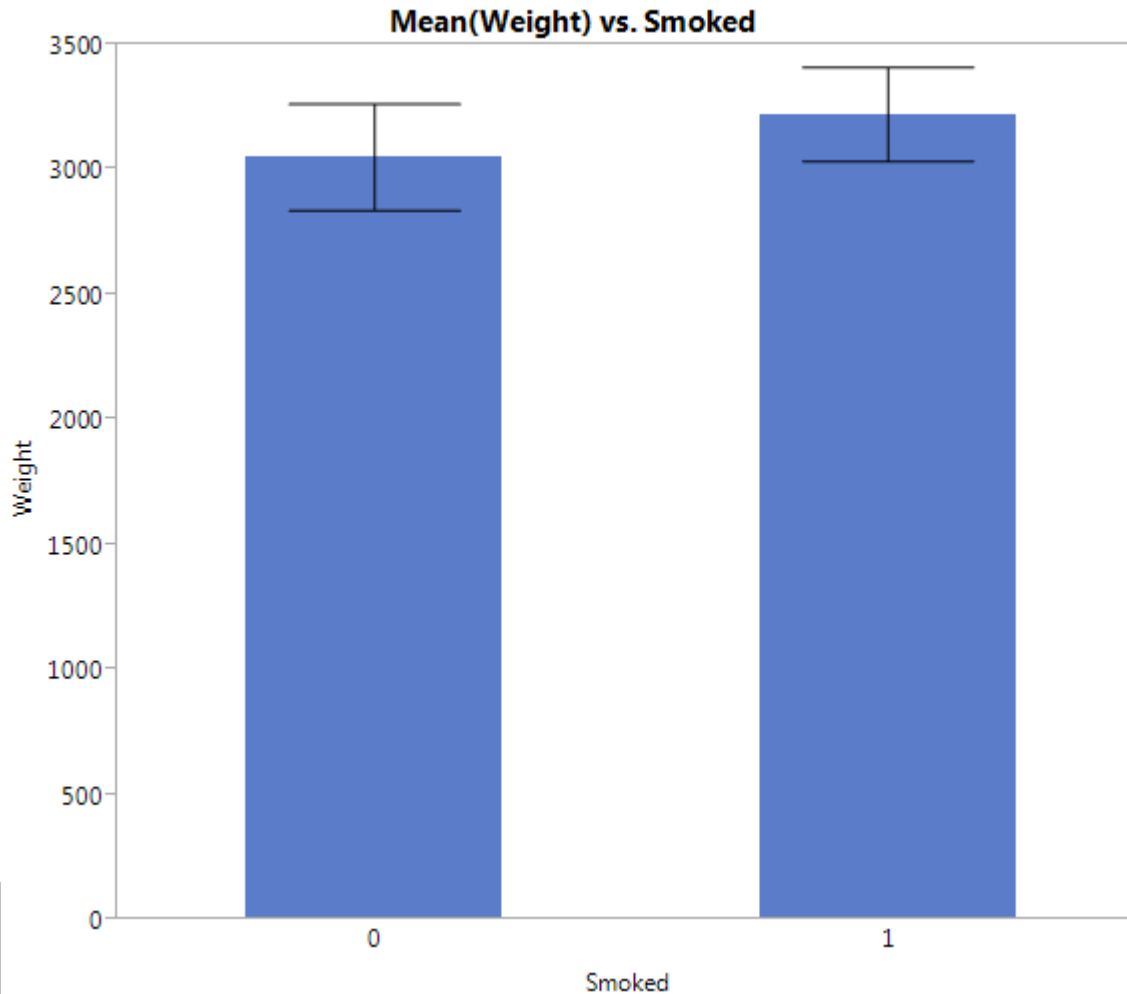
Remember, df will be $n-1$ if it is one group with one mean, because if we know the mean we can recalculate one missing value!

For large n (df), the t-distribution approaches the normal distribution.

The t-test (two samples)

Remember assignment 1, problem 1:

You were asked to see whether there was a difference of babies' birth weight depending on whether mothers smoked or not:



The t-test (two samples)

We have two samples (one sample from each of our two groups):
One sample of $n=10$ birth weights from mothers who smoked,
One sample of $n=10$ birth weights from mothers who did not smoke.

Smoked during pregnancy:

2240 3050 4110 3740 3040 2920 2800 3090 4110 3130

$$\bar{x}_1 = 3223$$
$$s_1 = 594$$

No smoking during pregnancy:

3180 2560 2780 4550 2740 2940 1960 3460 3120 3220

$$\bar{x}_2 = 3051$$
$$s_2 = 673$$

H_0 : null hypothesis: $\mu_1 = \mu_2$

H_a : alternative hypothesis: $\mu_1 \neq \mu_2$

Student's t-test (compare two samples)

$$t = \frac{\bar{x}_1 - \bar{x}_2}{s \sqrt{\frac{1}{m} + \frac{1}{n}}} \quad s = \sqrt{\frac{s_1^2(m-1) + s_2^2(n-1)}{n+m-2}}$$

$t \sim$ t-distribution with $n+m-2$ df.

\bar{x}_1 : sample 1 mean

\bar{x}_2 : sample 2 mean

s_1 : sample 1 standard deviation

s_2 : sample 2 standard deviation

m : sample 1 size

n : sample 2 size

We estimate a common variance by pooling the estimated sample variances, because we assume **equal** variances.

Student's t-test (compare two samples)

$$s = \sqrt{\frac{s_1^2(m-1) + s_2^2(n-1)}{n+m-2}} = \sqrt{\frac{594^2 \cdot 9 + 673^2 \cdot 9}{18}} \approx 634.46$$

$$t = \frac{\bar{x}_1 - \bar{x}_2}{s \sqrt{\frac{1}{m} + \frac{1}{n}}} = \frac{172}{634.46 \sqrt{\frac{1}{10} + \frac{1}{10}}} \approx 0.6062$$

$$\begin{aligned}\bar{x}_1 &= 3223 \\ s_1 &= 594 \\ m &= 10\end{aligned}$$

For $\alpha=0.05$:

$$\begin{aligned}t_{\text{crit1}} [18; 2.5\%] &= -2.101, \\ t_{\text{crit2}} [18; 97.5\%] &= +2.101\end{aligned}$$

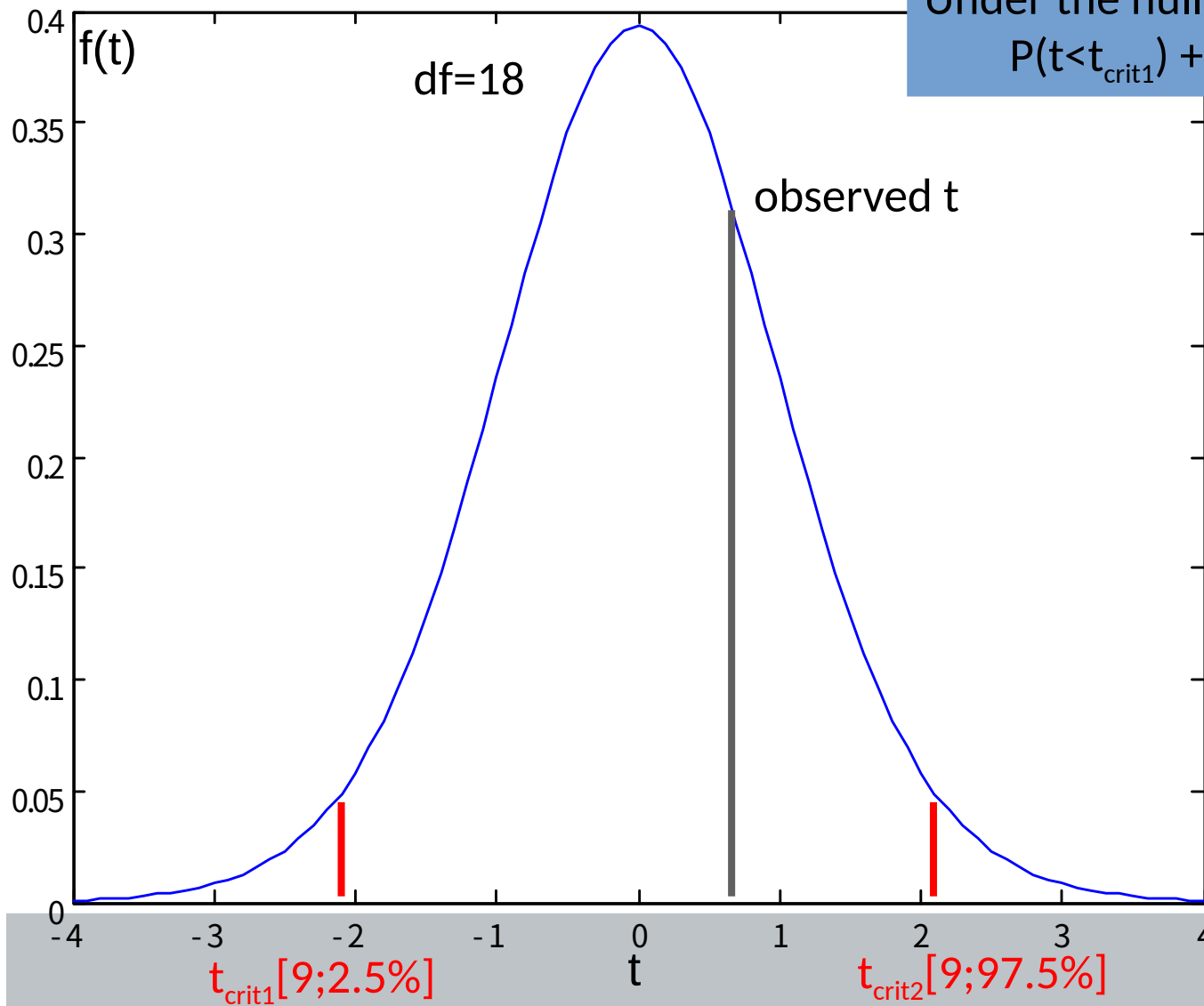
$$\begin{aligned}\bar{x}_2 &= 3051 \\ s_2 &= 673 \\ n &= 10\end{aligned}$$

$$t < t_{\text{crit2}}$$

-> Our data suggests that we cannot reject the null hypothesis that

-> We found no significant difference between the two groups (two-tailed, two-sample Student's t-test: $t[18] = 0.61$, $p = 0.55$).

Student's t-test (compare two samples)



Under the null hypothesis:

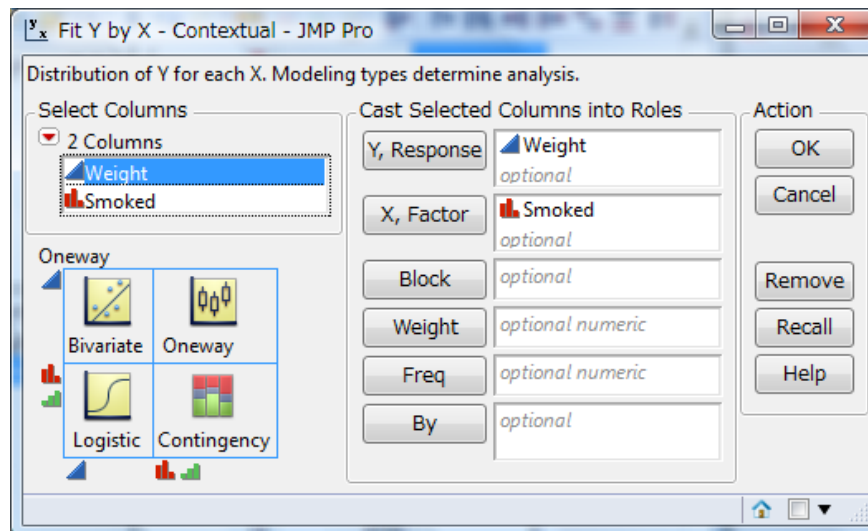
$$P(t < t_{crit1}) + P(t > t_{crit2}) = \alpha = 0.05$$

$$t = \frac{\bar{x} - \mu}{s / \sqrt{n}}$$

t-test in JMP

Important:

“Smoked” is to be a nominal (categorical), not a continuous (numerical) variable!



Assignment1_1 - JMP Pro

File Edit Tables Rows Cols DOE Analyze Graph Tools View

Window Help

| | Weight | Smoked |
|----|--------|--------|
| 1 | 2240 | 1 |
| 2 | 3050 | 1 |
| 3 | 4110 | 1 |
| 4 | 3740 | 1 |
| 5 | 3040 | 1 |
| 6 | 2920 | 1 |
| 7 | 2800 | 1 |
| 8 | 3090 | 1 |
| 9 | 4110 | 1 |
| 10 | 3130 | 1 |
| 11 | 3180 | 0 |
| 12 | 2560 | 0 |
| 13 | 2780 | 0 |
| 14 | 4550 | 0 |
| 15 | 2740 | 0 |
| 16 | 2940 | 0 |
| 17 | 1960 | 0 |
| 18 | 3460 | 0 |
| 19 | 3120 | 0 |
| 20 | 3220 | 0 |

Columns (2/1)

- Weight
- Smoked

Rows

| Row | All rows | Selected | Excluded | Hidden | Labelled |
|-----|----------|----------|----------|--------|----------|
| 20 | 20 | 1 | 0 | 0 | 0 |

t-test in JMP

Assignment1_1 - Fit Y by X of Weight by Smoked - J...

Oneway Analysis of Weight By Smoked

- Quantiles
- Means/Anova/Pooled t
- Means and Std Dev
- t Test
- Analysis of Means Methods
- Compare Means
- Nonparametric
- Unequal Variances
- Equivalence Test
- Robust Fit
- Power...
- Set a Level
- Normal Quantile Plot

Shows or hides a t test, an ANOVA, and a means report

1

Assignment1_1 - Fit Y by X of Weight by Smoked - JMP Pro

Oneway Analysis of Weight By Smoked

Weight

Smoked

Oneway Anova

Summary of Fit

| | |
|----------------------------|----------|
| Rsquare | 0.020006 |
| Adj Rsquare | -0.03444 |
| Root Mean Square Error | 634.4595 |
| Mean of Response | 3137 |
| Observations (or Sum Wgts) | 20 |

t Test

1-0

Assuming equal variances

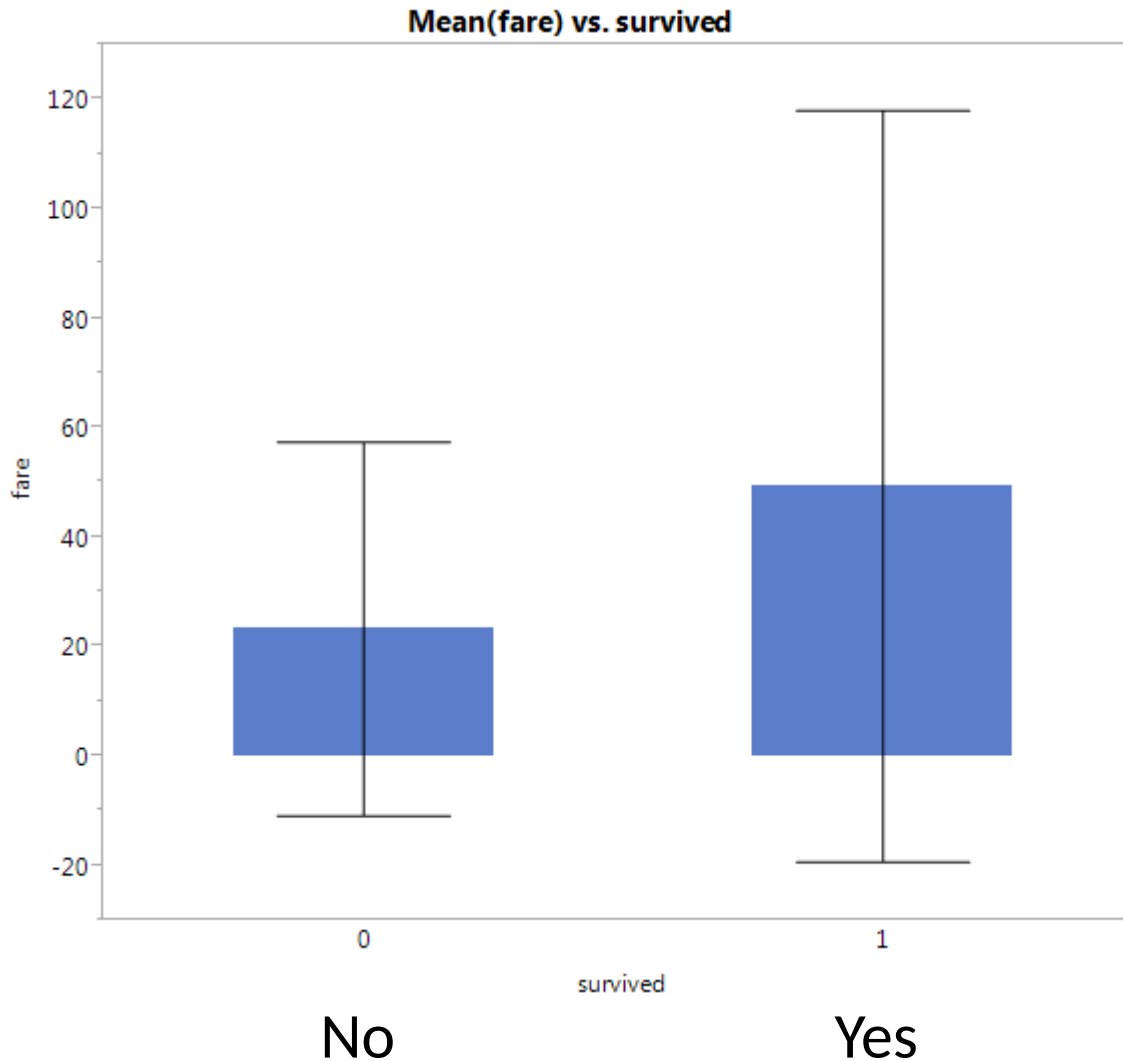
| | | | |
|--------------|---------|-----------|----------|
| Difference | 172.00 | t Ratio | 0.606191 |
| Std Err Dif | 283.74 | DF | 18 |
| Upper CL Dif | 768.11 | Prob > t | 0.5520 |
| Lower CL Dif | -424.11 | Prob > t | 0.2760 |
| Confidence | 0.95 | Prob < t | 0.7240 |

Analysis of Variance

| Source | DF | Sum of Squares | Mean Square | F Ratio | Prob > F |
|--------|----|----------------|-------------|---------|----------|
|--------|----|----------------|-------------|---------|----------|

Unequal Variances

We cannot always assume equal variances.



Think about the Titanic passengers: those that survived and those that did not survive might have been from very different social groups.

T-test, unequal variances

$$t = \frac{\bar{x}_1 - \bar{x}_2}{\sqrt{\frac{s_1^2}{m} + \frac{s_2^2}{n}}}$$

$t \sim$ t-distribution with v degrees of freedom.

$$v = \frac{\left(\frac{s_1^2}{m} + \frac{s_2^2}{n}\right)^2}{\frac{(s_1^2/m)^2}{m-1} + \frac{(s_2^2/n)^2}{n-1}}$$

Satterthwaite, 1941

Let the software do it!

\bar{x}_1 : sample 1 mean

s_1 : sample 1 standard deviation

m : sample 1 size

\bar{x}_2 : sample 2 mean

s_2 : sample 2 standard deviation

n : sample 2 size

T-test, unequal variances (example)

$$t = \frac{\bar{X}_1 - \bar{X}_2}{\sqrt{\frac{s_1^2}{m} + \frac{s_2^2}{n}}} = \frac{-26.01}{\sqrt{\frac{34.15^2}{808} + \frac{68.45^2}{500}}} \approx \frac{-26.01}{\sqrt{10.81}} \approx -7.91$$

$$v = 654.002$$

died:

$$\begin{aligned}\bar{x}_1 &= 23.35 \\ s_1 &= 34.15 \\ m &= 808\end{aligned}$$

survived:

$$\begin{aligned}\bar{x}_2 &= 49.36 \\ s_2 &= 68.45 \\ n &= 500\end{aligned}$$

For $\alpha=0.05$: $t_{\text{crit1}}[654.002; 2.5\%] = -1.9636$

$t_{\text{crit2}}[654.002; 97.5\%] = +1.9636$

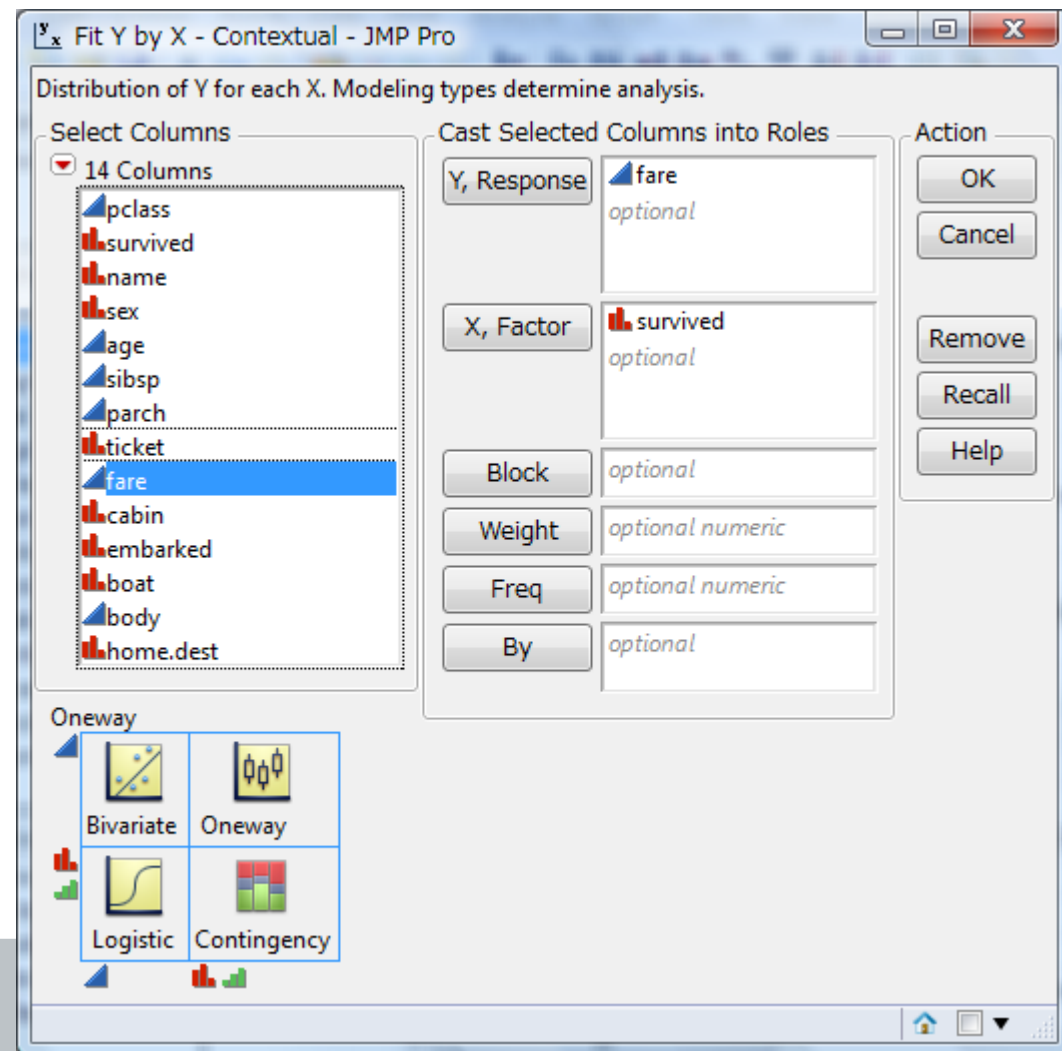
$t < t_{\text{crit1}}$

-> Based on our data we can reject the null hypothesis that -> We found a statistically significant difference of ticket price between survivors and victims of the Titanic disaster (two-tailed, two-sample t-test assuming unequal variances: $t[654.002]=7.91$, $p<0.0001$). Survivors paid on average higher prices (M=49.36, SD=68.45 Pound Sterling) than victims (M=23.35, SD=34.15 Pound Sterling).

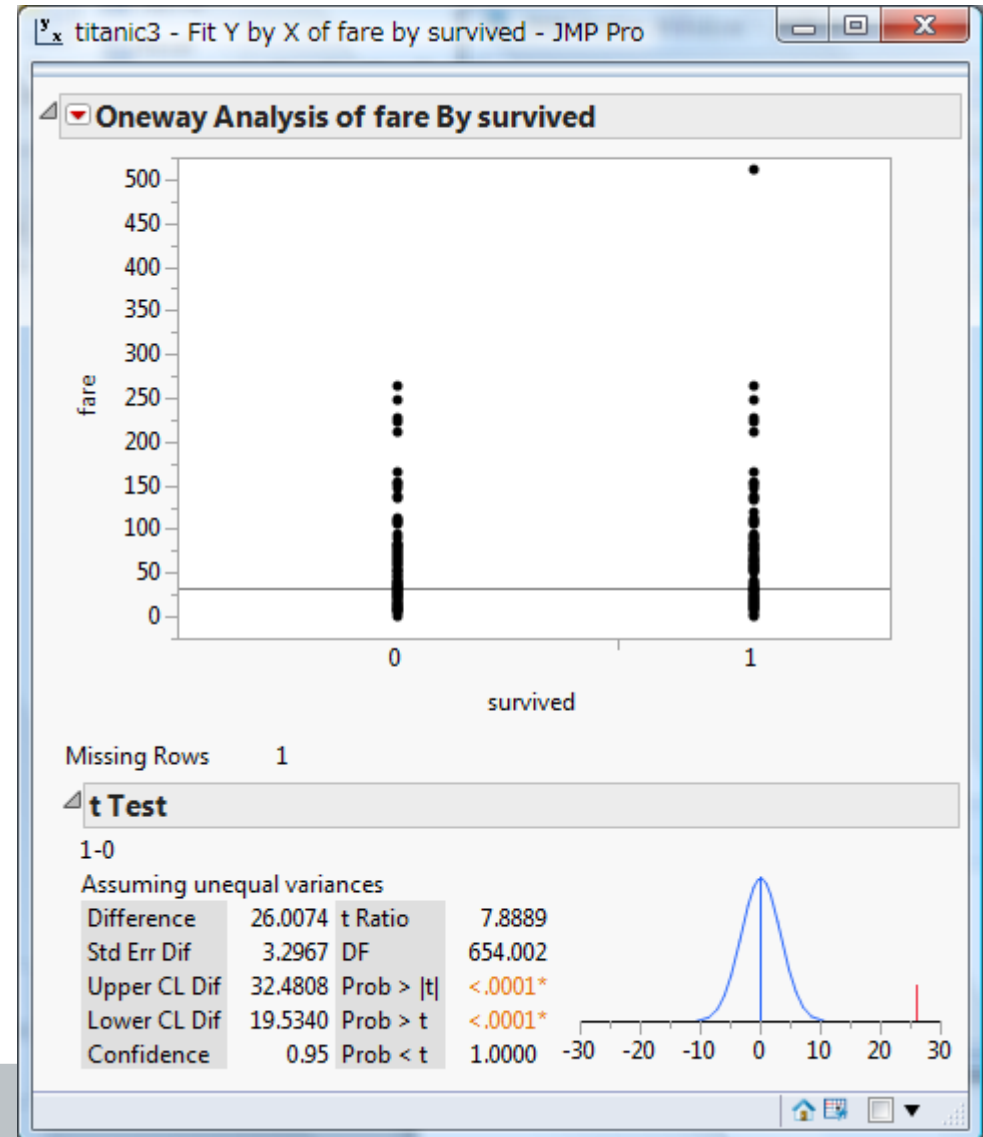
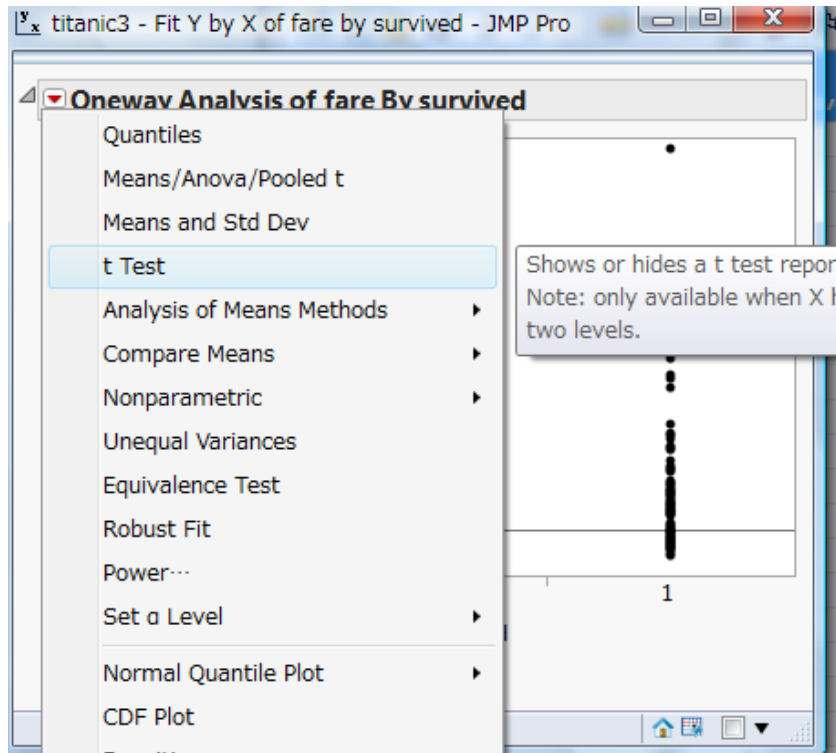
T-test, unequal variances in JMP

Important:

“Survived” has to be a nominal, not a continuous (numerical) variable!



T-test (unequal variances) in JMP



“t Test” in JMP *automatically assumes* unequal variances,

→ “Pooled t” assumes equal variances.

Paired t-test

So far, we have considered independent samples, but what can we do if samples are paired? For example, when the same patients are tested with two different treatments?

Additional hours of sleep after taking a drug.

| Patient | Hyoscyamine | Hyoscine | Difference |
|--------------------|-------------|----------|------------|
| 1 | +0.7 | +1.9 | +1.2 |
| 2 | -1.6 | +0.8 | +2.4 |
| 3 | -0.2 | +1.1 | +1.3 |
| 4 | -1.2 | +0.1 | +1.3 |
| 5 | -0.1 | -0.1 | 0 |
| 6 | +3.4 | +4.4 | +1.0 |
| 7 | +3.7 | +5.5 | +1.8 |
| 8 | +0.8 | +1.6 | +0.8 |
| 9 | 0 | +4.6 | +4.6 |
| 10 | +2.0 | +3.4 | +1.4 |
| <u>Mean</u> | +0.75 | +2.33 | +1.58 |

Paired t-test

So far, we have considered independent samples, but what can we do if samples are paired? For example, when the same patients are tested with two different treatments?

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| 3 | -0.2 | +1.1 | +1.3 |
| 4 | -1.2 | +0.1 | +1.3 |
| 5 | -0.1 | -0.1 | 0 |
| 6 | +3.0 | +2.0 | +1.0 |
| 7 | +1.0 | +2.8 | +1.8 |
| 8 | +0.5 | +1.3 | +0.8 |
| 9 | 0 | +4.6 | +4.6 |
| 10 | -2.0 | +3.4 | +1.4 |
| Mean | +0.75 | +2.33 | +1.58 |

Sample 1?

Sample 2?

Paired t-test

So far, we have considered independent samples, but what can we do if samples are paired? For example, when the same patients are tested with two different treatments?

Additional hours of sleep after taking a drug.

| Patient | Hyoscyamine | Hyoscine | Difference |
|-------------|-------------|----------|------------|
| 1 | +0.7 | +1.9 | +1.2 |
| 2 | -1.6 | +0.8 | +2.4 |
| 3 | | | -1.3 |
| 4 | | | -1.3 |
| 5 | | | 0 |
| 6 | | | -1.0 |
| 7 | | | -1.8 |
| 8 | | | +0.8 |
| 9 | | | -4.6 |
| 10 | -2.0 | +3.4 | +1.4 |
| <u>Mean</u> | +0.75 | -2.33 | +1.58 |

But, it's the same person in both groups! So it's not two separate samples!

(he just took two different medicines on different days)

Paired t-test

So far, we have considered independent samples, but what can we do if samples are paired? For example, when the same patients are tested with two different treatments?

Additional hours of sleep after taking a drug.

| Patient | Hyoscyamine | Hyoscine | Difference |
|-------------|-------------|----------|------------|
| 1 | +0.7 | +1.9 | +1.2 |
| 2 | -1.6 | +0.8 | +2.4 |
| 3 | -0.2 | +1.1 | +1.3 |
| 4 | | | +1.3 |
| 5 | | | 0 |
| 6 | +3.4 | +4.4 | +1.0 |
| 7 | +3.7 | +5.5 | +1.8 |
| 8 | +0.8 | +1.6 | +0.8 |
| 9 | 0 | +4.6 | +4.6 |
| 10 | +2.0 | +3.4 | +1.4 |
| Mean | +0.75 | +2.33 | +1.58 |

So, we take the *difference*

Paired t-test

$$t = \frac{\bar{x}_D}{s_D / \sqrt{n}}$$

$t \sim$ t-distribution with $n-1$ degrees of freedom.

\bar{x}_D : sample mean of the difference

s_D : sample standard deviation of the difference

n : sample size

Null hypothesis: mean difference is 0 (no difference between days)

Alternate hypothesis: mean difference is not 0 (different between days)

Paired t-test (example)

$$t = \frac{\bar{X}_D}{s_D/\sqrt{n}} = \frac{1.58}{1.23/\sqrt{10}} \approx 4.06$$

For $\alpha=0.05$: $t_{\text{crit1}}[9; 2.5\%] = -2.262$

$t_{\text{crit2}}[9; 97.5\%] = +2.262$

$t > t_{\text{crit2}}$

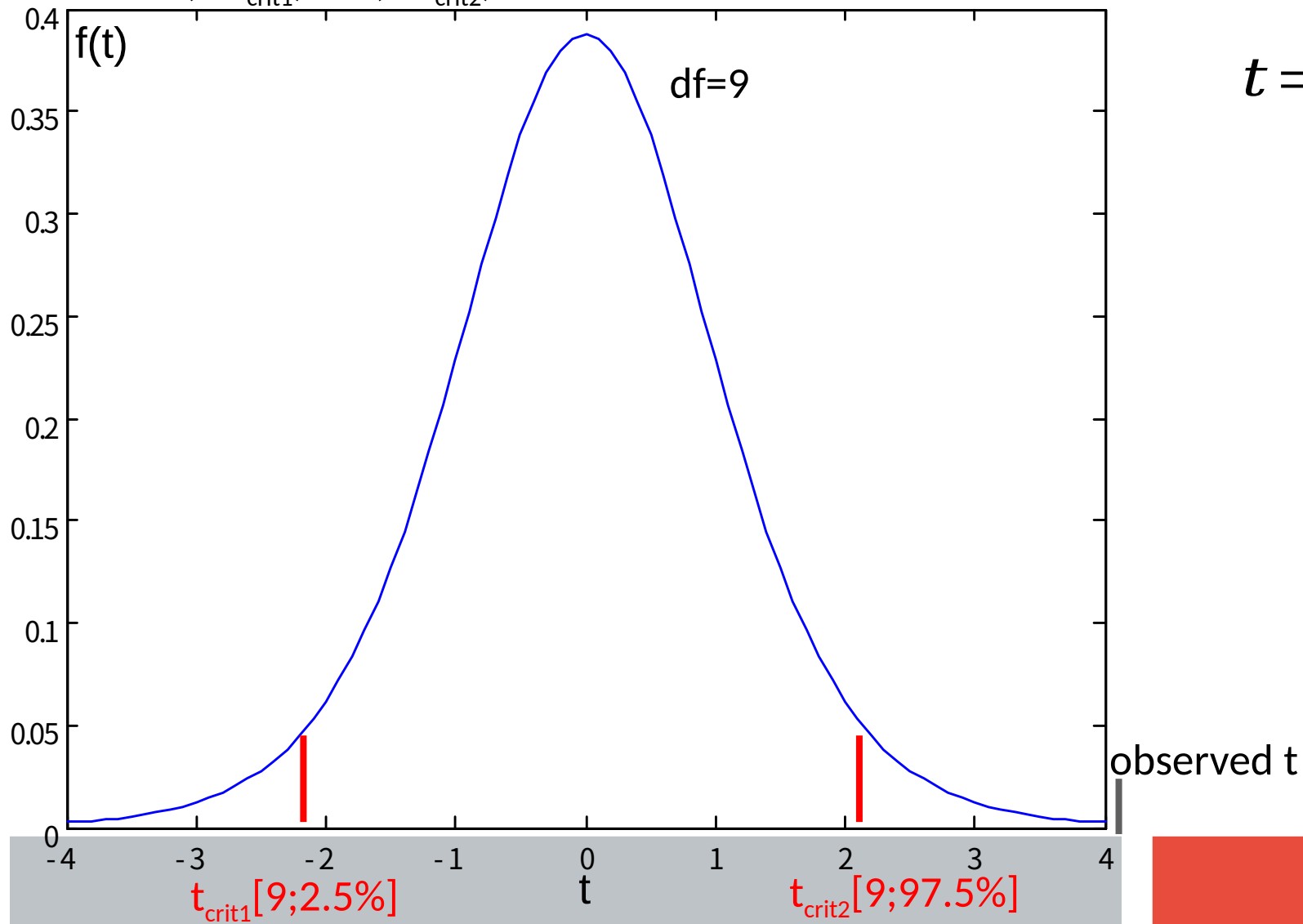
-> Based on our data we can reject the null hypothesis that

-> On average, patients could sleep longer when taking hyoscine (M=2.33, SD=1.79 hours) compared to hyoscyamine (M=0.75, SD=2 hours). This difference was significant (paired t-test: $t[9]=4.06$, $p=0.0028$).

Paired t-test (example)

Under the null hypothesis:

$$P(t < t_{\text{crit1}}) + P(t > t_{\text{crit2}}) = \alpha = 0.05$$



$$t = \frac{\bar{X}_D}{s_D / \sqrt{n}}$$

Paired t-test (JMP)

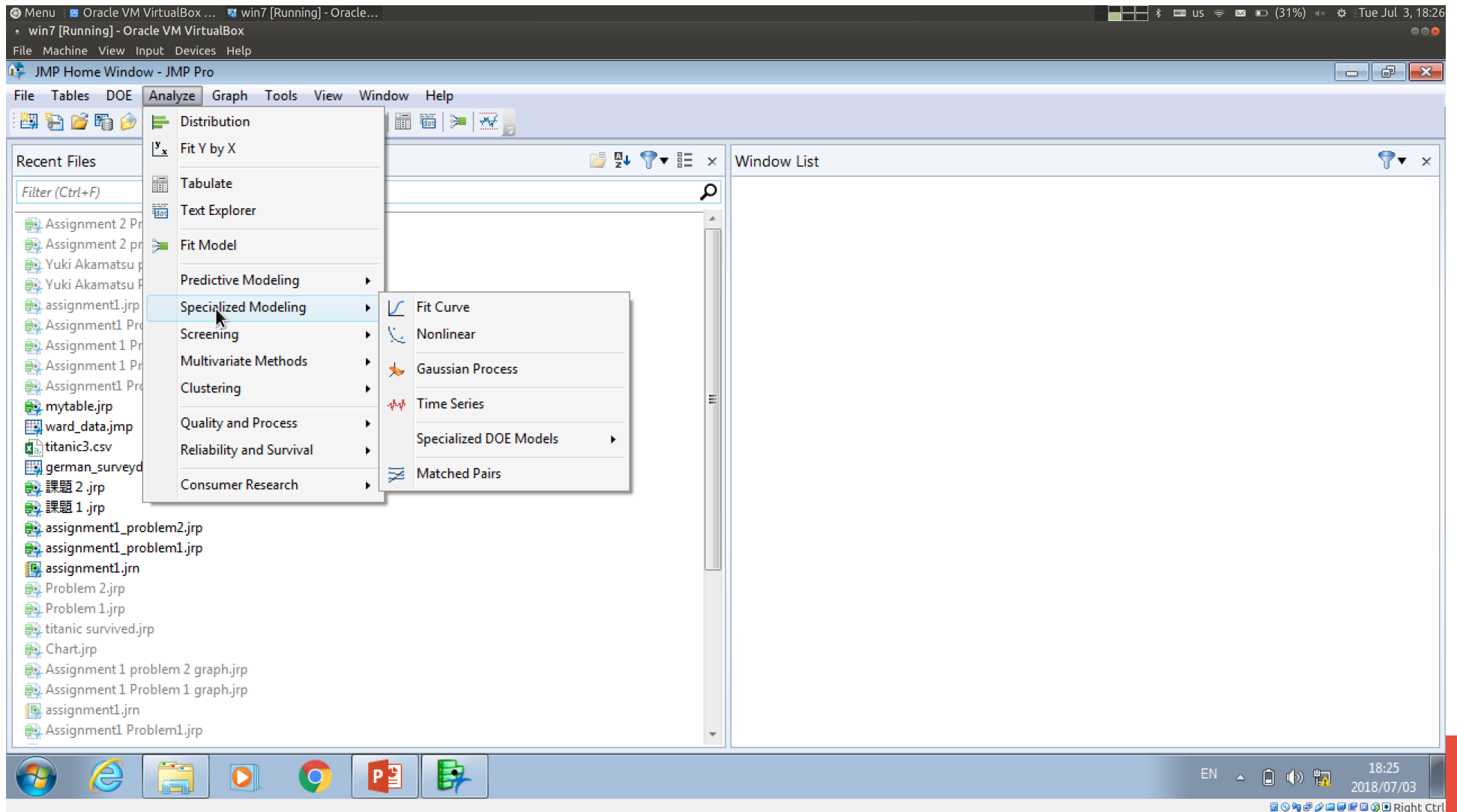
The screenshot shows the JMP Pro interface with a data table for a paired t-test. The table has three columns: Patient, Hyoscyamine, and Hyoscine. The data is as follows:

| | Patient | Hyoscyamine | Hyoscine |
|----|---------|-------------|----------|
| 1 | 1 | 0.7 | 1.9 |
| 2 | 2 | -1.6 | 0.8 |
| 3 | 3 | -0.2 | 1.1 |
| 4 | 4 | -1.2 | 0.1 |
| 5 | 5 | -0.1 | -0.1 |
| 6 | 6 | 3.4 | 4.4 |
| 7 | 7 | 3.7 | 5.5 |
| 8 | 8 | 0.8 | 1.6 |
| 9 | 9 | 0 | 4.6 |
| 10 | 10 | 2 | 3.4 |

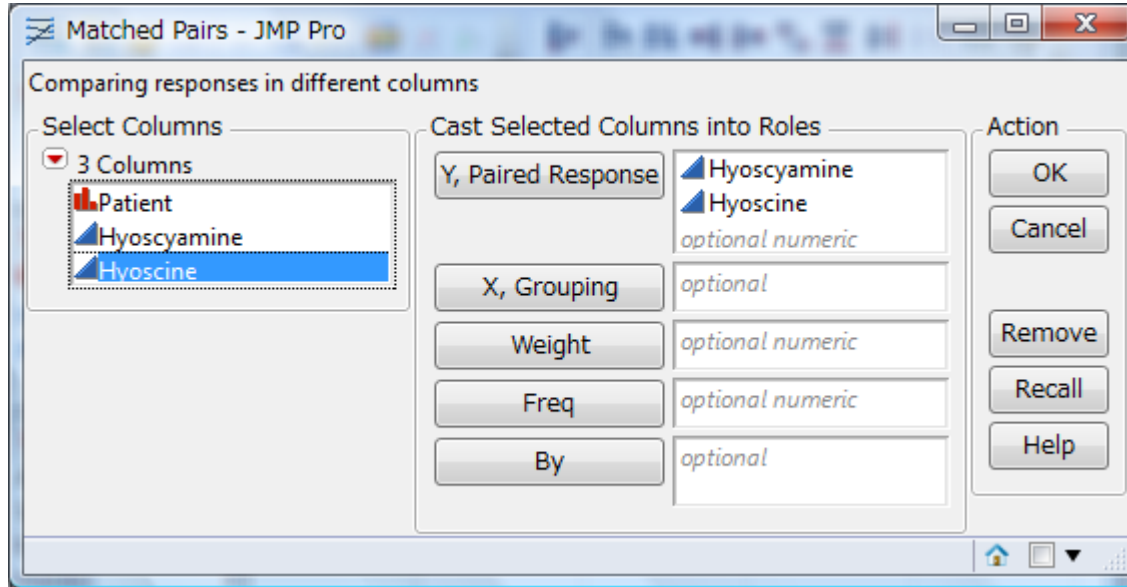
The interface also shows a menu bar (File, Edit, Tables, Rows, Cols, DOE, Analyze, Graph, Tools, View, Window, Help) and a toolbar with various analysis and visualization icons. The left sidebar shows the 'Columns (3/0)' section with 'Patient', 'Hyoscyamine', and 'Hyoscine' listed, and the 'Rows' section with counts for 'All rows' (10), 'Selected' (0), 'Excluded' (0), 'Hidden' (0), and 'Labelled' (0).

Paired t-test (JMP)

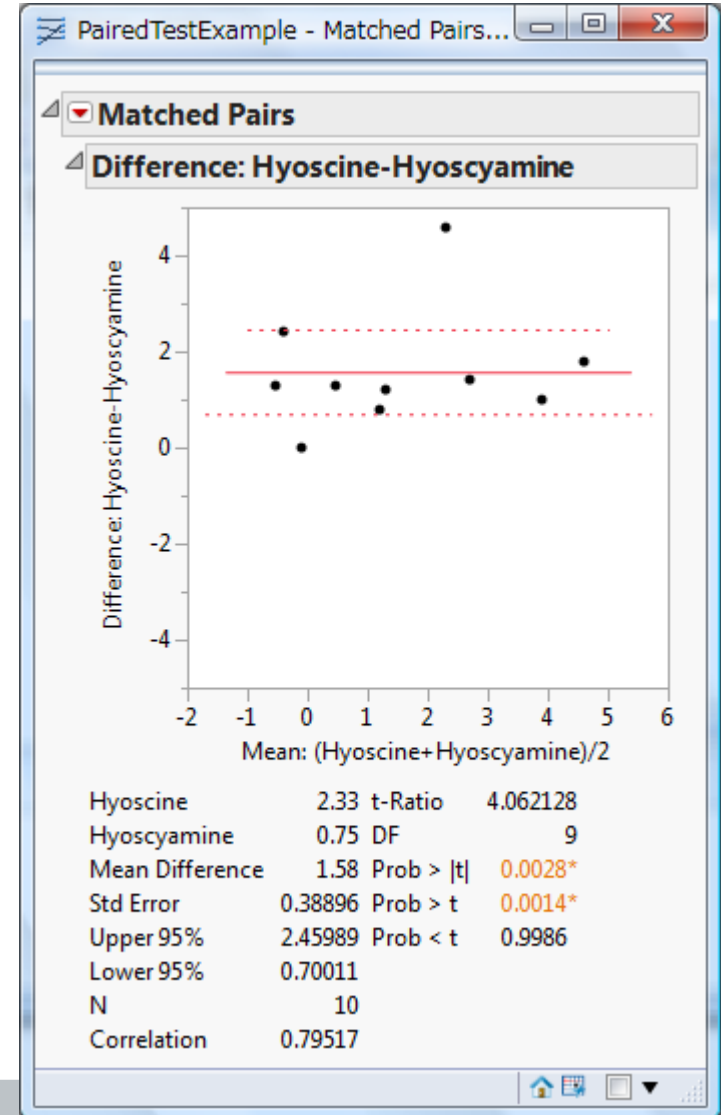
In JMP 13+, it is under: Analyze->Specialized Modeling->Matched Pairs



Paired t-test (JMP)



The report shows descriptive statistics plus t-ratio, DF=degrees of freedom, and p-values for two-tailed and one-tailed tests.



Summary: t-tests

- Two means can be compared with the t-test when
 - a) the two random variables are normally distributed and independent.
 - or** b) the difference of two paired variables is normally distributed.
- Depending on whether the two random variables are dependent or independent, or have equal or unequal variance, we can derive the test statistic t which follows a t -distribution.
- We compare the observed t with the critical t -value(s) given the null hypothesis (usually no difference), the degrees of freedom, and the α level.
- We reject the null hypothesis if the observed t is more extreme than the critical t -value(s).

Other tests

T-test is called a “parametric test” because it *assumes* something about the distribution of observations (that it is normal)

What do we do, if sample size is small, but normal distribution cannot be assumed?

→ “Non-parametric” tests:

Mann-Whitney U test (a.k.a Wilcoxon rank-sum test)
(independent conditions)

Wilcoxon signed rank test
(paired conditions)

What do we do, if we have more than two groups (means)?

-> ANOVA (Analysis of variance)